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## What does stay home stay healthy mean?

You must stay home except for supplies and services like:



Food and household supplies.



Medicine or medical care.



Travel to work for essential jobs.

Stay home stay healthy applies to all people except those performing essential jobs like:



First responders.



Healthcare workers.



Public works.

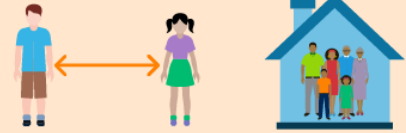
You will know  
if your job is  
essential.

## What can I still do?

Order delivery or takeout.



Go outside and exercise.  
Practice social distance.



Keep 6 feet between you and people who don't live with you.

Stay home to keep yourself, your family and your community healthy.  
Learn more and stay updated at [tpchd.org/coronavirus](https://tpchd.org/coronavirus).

[Healthy People](#) » [Diseases](#) »

# Human Coronavirus

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Frequently Asked  
Questions



COVID-19 case  
numbers



State of  
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resources



Pierce County  
information



Information for  
Schools and  
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Providers



Information for  
Human Services  
Providers



Information for  
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Providers



Information for  
Businesses

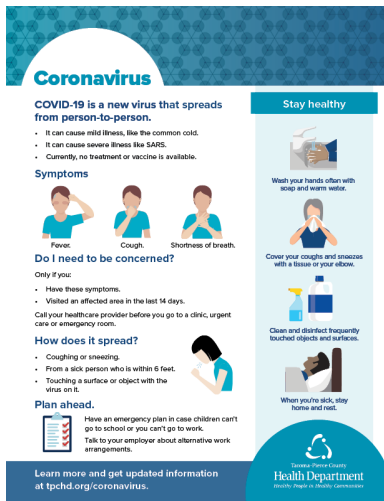


Financial and  
Mental Health  
Resources



Drive-Through  
Testing  
Information

# Decisive steps to contain COVID-19.



Your family's health is our top priority as we work to prevent the spread of COVID-19 in Pierce County.

Public health follows that a playbook for viral outbreaks.

COVID-19 transmission is widespread in our region. Decisive action is required.

Social distancing and basic hygiene are the best steps you can take to protect yourself.

Gov. Inslee ordered:

- [Stay home. Stay healthy.](#)
- [Closures of bars, restaurants, and other entertainment and recreational facilities.](#)

- [Schools to close for 6 weeks.](#)
- [Canceled gatherings of 50 or more people](#)

View this flyer in [Korean](#), [Spanish](#), [Chinese](#), [Tagalog](#), [Vietnamese](#) or [Russian](#).

## Cases in Pierce County

We confirmed 17 new cases in Pierce County on March 25, bringing our total to 155, 2 deaths. The University of Washington virology lab and the state Public Health Laboratories have tested 3,051 of our residents. You can [learn basic information about each positive case.](#)

## Answers to your questions

This outbreak is fluid. Our staff and the Washington State Department of Health are working to answer your questions:

- DOH's call center is open 6 a.m.-10 p.m., 7 days a week. Call (800) 525-0127 and press #.
- For non-health issues like business support, planning or general questions, call (855) 722-5378.
- What to do you if you:
  - [Have suspected or confirmed COVID-19.](#)

- [Might have been exposed.](#)
- [Have symptoms but weren't around someone who was diagnosed.](#)

Our FAQs answer dozens of your most-asked questions. You can find some of our more-asked answers below or [visit our FAQ page for many more.](#)

## FAQS

**What should I do if an employee or someone I know is being tested?**

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**What are COVID-19 symptoms?**

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**How does COVID-19 spread?**

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**Who should get tested for COVID-19?**

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**What type of cleaning and disinfecting products should I use?**

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**Where can I get tested for COVID-19?**

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**I need to get groceries. Are grocery stores closed?**

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**Schools are closed and I have to work. Where can I find out information for childcare?**

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**What if an employee tests positive for COVID-19?**

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**What is included in the statewide closure of entertainment, leisure and non-essential services?**

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### Prevent the spread of COVID-19 in Pierce County



Follow basic steps to prevent the spread of COVID-19:

- Wash your hands with hot water and soap for at least 20 seconds.
- Avoid touching your face, mouth and eyes.
- Stay home if you have a fever or cough or experience shortness of breath.
- Cover sneezes and coughs with your elbow.
- Disinfect frequently used surfaces such as tabletops, doorknobs, bathroom fixtures, mobile devices and keyboards.
- Avoid sharing personal items like water bottles, eating utensils or towels.
- Avoid large social gatherings and crowds.

#### Stay up to date

We offer [several ways for you to stay informed](#):

- Check this page often. We update it regularly.
- [Subscribe to the Your Reliable Source blog.](#)
- [Track the statewide investigation.](#)
- Follow us on [Facebook](#), [Twitter](#), [Instagram](#) and [YouTube](#).

#### Learn more

- [Washington State Coronavirus Response \(COVID-19\).](#)
- [United Way Pierce County.](#)

- [CDC travel advisories page.](#)
- [Operation Suds handwashing education materials.](#)
- [Blog: Help us protect our most vulnerable populations.](#)
- [Blog: Simple steps to prevent COVID-19.](#)
- [Blog: Social distancing is good right now. Social isolation is not.](#)
- [Blog: Skip the trip to our office—use our online resources instead.](#)
- [Blog: How we investigate COVID-19.](#)



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## Stay Connected

